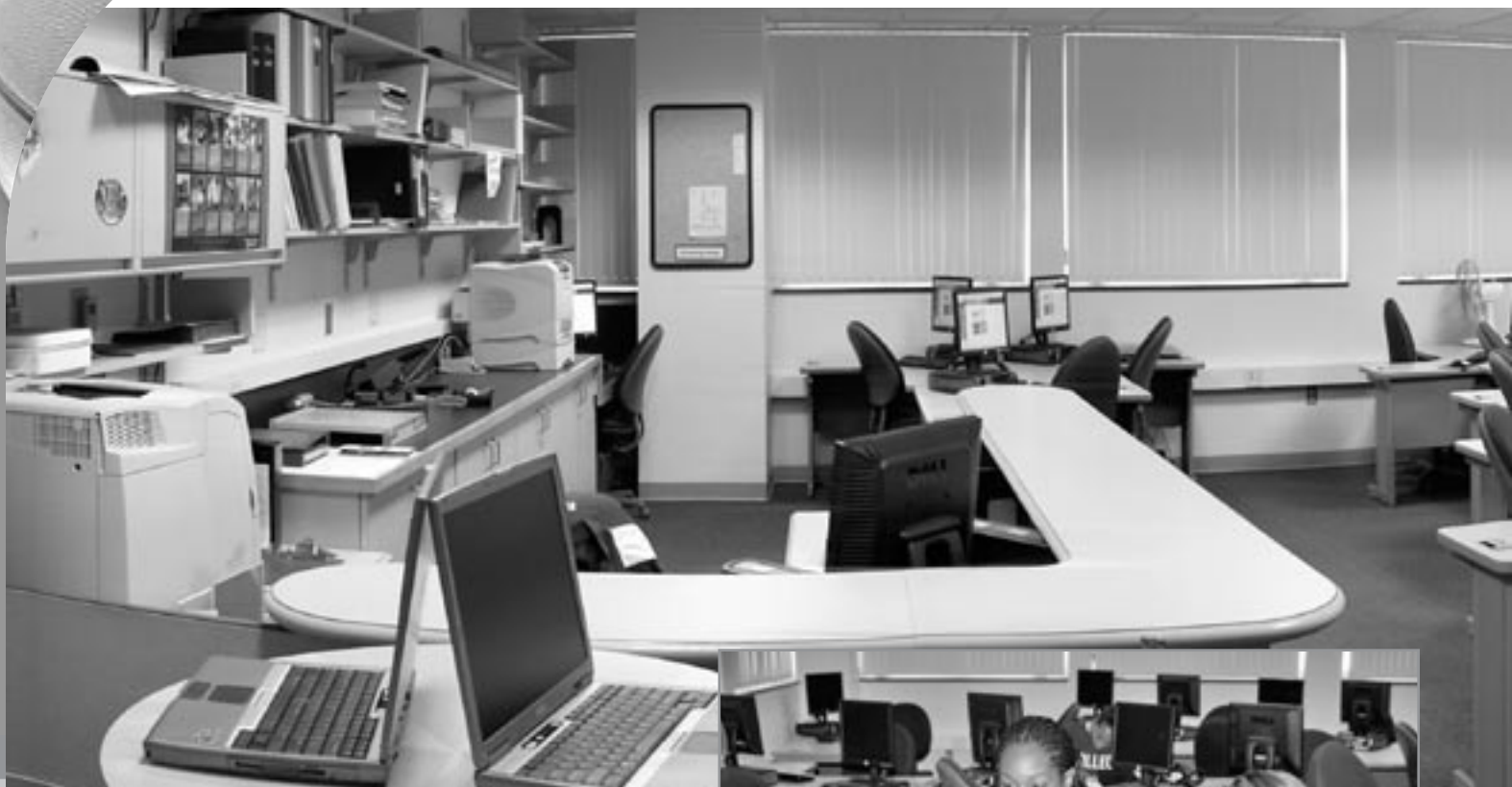


Student-Athlete Development



Anna Plemons

Learning Services Coordinator

Anna Plemons is in her fifth season as the academic counselor for women's basketball. Plemons' primary responsibilities are meeting individually with students for academic accountability, working with small groups on academic skill improvement, and talking with future Cougars about the many benefits of being a student-athlete at WSU. Also, as the learning services coordinator for athletics, she acts as a liaison between all student athletes and campus service providers (Testing Services, Tutorial Programs, Disability Resource Center, etc).

Plemons graduated from Washington State with a bachelor's degree in speech and hearing science. While at WSU, Plemons was a member of the varsity women's rowing team for four years. After graduation she stayed with the department for a fifth year as a volunteer rowing coach and academic intern. Plemons returned to Washington State during the summer of 2001 after earning a master's of secondary education and learning skills at Kansas State University, where she also worked as the graduate learning specialist for intercollegiate athletics.



Academic Services

- New Student-Athlete Orientation
- General Academic Counseling
- Learning Assessment
- Individual And Group Tutoring
- Assistance With Team Travel
- Writing And Math Assistance
- Graduation Planning
- Computer Lab with internet and library access
- Priority Registration
- Summer School And Degree Completion Financial Aid Programs

Career Development

- Junior and Senior Planning Meetings
- Etiquette Dinner
- Access To SIGI Website For Career Exploration
- Career Fairs and Workshops
- Interview Skills And Workshops
- Job Search Strategies
- Professional Development Portfolio
- Senior Folder
- Alumni Connections
- Resume Development

Personal Development

- New Student-Athlete Seminar
- Community Outreach – Team CARE
- P.R.O.W.L. Resource And Referral Center
- NCAA Lifeskills Materials And Resources
- Career Resources

Student-Athlete Development

Our Student-Athlete Development unit initiates support for academic and personal success, during on-campus recruiting visits with prospective student-athletes, and continues providing support and services until student-athletes graduate from WSU. Our student-athlete development staff is committed to developing and implementing comprehensive and effective programs to assist student-athletes in identifying and meeting their academic and career goals leading to graduation and career development. We take a "life skills" approach when assisting student-athletes with class selection, major selection, graduation planning, career development, time management, goal setting, study skills, and learning strategies.

Our focus is the student-athlete and personal development. We reinforce the value of maximizing the educational and career opportunities at WSU. And, most importantly, our staff emphasizes the importance of student-athletes taking personal responsibility and ownership in developing their academic and career plans. Our 91 percent graduation rate for those seniors who have exhausted their eligibility (over the past 10 years) reflects our consistent commitment to academic success while striking a balance between academics and athletics.

Pam Bradetich
Associate Athletic Director,
Student-Athlete Development



Student-Athlete Development staff
back row from left: Cynthia Prieto, Chris Cook, Pam Bradetich.
front row from left: Thad Hathaway, Wanda Tennant, Allen Thompson, Pippa Pierce, and Anna Plemons.

Team Academic Achievements

Academic success has been a mainstay with the Cougar women's basketball program. The 2004-05 season proved to be no different.

Kate Benz's 2005 Pacific-10 Conference All-Academic First Team selection marked the sixth consecutive year the Cougars placed at least one student-athlete on the conference's first team. Katie Nyseth and Victoria Harrod each earned a spot in 2000 and 2001, Jessica Collins was a first team selection in 2002 and Lindsey Egeland earned a first team nod in 2003 and 2004.

In all, the Cougars have placed 20 student-athletes on the Pac-10 All-Academic Teams in the past six years.



Kate Benz



Adriane Ferguson

Academic Honors CoSIDA Academic All-America Honorable Mention

1982 Jeanne Eggart

CoSIDA District VIII University Team

2005 Kate Benz (First Team)
2005 Adriane Ferguson (Second Team)
2004 Lindsey Egeland (Second Team)
2001 Katie Nyseth (First Team)
2001 Victoria Harrod (First Team)
1992 Darla Williamson
1982 Jeanne Eggart

Pacific-10 Conference All-Academic Team

First Team

2005 Kate Benz
2004 Lindsey Egeland

2003 Lindsey Egeland
2002 Jessica Collins
2001 Victoria Harrod
2001 Katie Nyseth
2000 Victoria Harrod
2000 Katie Nyseth
1995 Susie Jarosch
1992 Darla Williamson
1991 Darla Williamson

Second Team

2005 Emma Joneby
2002 Lindsey Egeland
2001 Jessica Collins
2000 Alke Dietel
1999 Victoria Harrod
1999 Katie Nyseth
1995 Kelli Kronberger
1994 Susie Jarosch
1993 Susie Jarosch
1993 Lori Lollis
1991 Kristin Metson

Honorable Mention

2005 Adriane Ferguson
2004 Emma Joneby
2003 Emma Joneby
2003 Holly Harris
2002 Jessica Ottmar
2001 Jessica Ottmar
2000 Jessica Collins
1999 Alke Dietel
1998 Joanna Smith
1994 Kelli Kronberger
1993 Angie Peterson
1993 Erika Wheeler
1992 Angie Peterson
1992 Erika Wheeler
1991 Dawn Allinger
1991 Angie Peterson
1990 Dawn Allinger
1990 Kristin Metson
1990 Darla Williamson
1989 Dawn Allinger
1988 Juli Reynva
1988 Dyann Roger

ESPN The Magazine Academic All-America® Teams as selected by CoSIDA

The Academic All-America® Teams program was created in 1952 by the College Sports Information Directors of America (CoSIDA) to honor college student-athletes who excel not just in athletics, but also in academics.

Kate Benz and Adriane Ferguson added their names to the list of Cougar honorees with selections to the District VIII University first and second team, respectively in 2005. The pair follows up a growing list of Cougars selected to the team. Lindsey Egeland earned a District VIII second team nod in 2004 while Victoria Harrod and Katie Nyseth were selected to the District VIII first team in 2001. In 1992, Darla Williamson earned a spot on the District VIII team as did Jeanne Eggart in 1982. Eggart achieved national honorable mention accolades that same year.



Adriane Ferguson



Kate Benz



Lindsey Egeland



Victoria Harrod



Katie Nyseth



Jeanne Eggart



Darla Williamson